

Middle School

[The Worst-Case Scenario Survival Handbook: Middle School:](#) David Borgenicht, Ben H. Winters, Robin Epstein

ISBN: 978-0-81186864-8 (1)

Homework, hormones, heartache...middle school has no shortage of perils. Never fear, the authors of the best-selling Worst-Case Scenario series return with a survival guide for those who are facing or just about to face this big transitional time in school and life. The handbook is packed with funny-but-useful tips for the trickiest situations that crop up in middle school, like taking charge of a too-busy homework schedule, dealing with a cold shoulder from a friend who has suddenly become just too cool, avoiding common e-mail and cell phone disasters, and more.

[A Parent' Guide to the Middle School Years:](#) Joe Bruzzese, MA

ISBN: 978-1-58761-3411-8 (1)

Today's text-messaging middle schoolers may seem like a different species from how parents remember themselves as sixth, seventh, and eighth graders. Children are often forced to confront serious issues like drugs, violence, sexuality, and technology at an age that would have been unthinkable even a decade ago. So it's natural for parents to worry about these crucial years. Still, educator Joe Bruzzese believes that this time can be full of positive transformation as your child gains independence and your parental role shifts from omnipresent manager to supportive coach. Timely topics include cyberbullying, depression, and choosing realistic and rewarding extracurricular activities.

The middle school years can and should be a time of exciting change and opportunity; *A Parents' Guide to the Middle School Years* presents what you need to know to survive and thrive as a family.